

In this episode of [SOAP Notes with Dr. Jay LaBine](#), Jay sits down with Dr. Charles Pu, Medical Director at Mass General Brigham Center for Population Health. Dr. Pu is also Geriatric Medical Attending at Mass General Hospital, and assistant professor of Medicine at Harvard Medical School. Jay and Dr. Pu discuss the cultural aspects of aging, how population health works to bring a more person-centered approach to care, what role nursing homes will carry moving forward and what the future of senior care may look like.

### Ways to listen:



### Here are the topics covered in this episode:

Cultural aspects of aging - **4:45**

Our healthcare system's approach to senior care - **6:45**

Frailty as a complex clinical condition - **9:45**

How population health can bring a more patient-centered approach to care - **10:57**

The future of facility-based care - **12:23**

COVID-19 & nursing homes - **17:30**

Ageism and the future of aging - **22:15**

SOAP Notes with Dr. Jay LaBine (Episode 3) featuring Dr. Charles Pu, Medical Director at Mass General Brigham Center for Population Health