

In the season premiere of [SOAP Notes with Dr. Jay LaBine](#), Jay sits down with Alice Bonner, PhD, RN, FAAN, Adjunct Faculty at the [Johns Hopkins University School of Nursing](#), and Senior Advisor for Aging at the [Institute for Healthcare Improvement](#). The two discuss what it means to “age in community,” the Johns Hopkins School of Nursing [CAPABLE program](#), and social determinants of health, particularly for minority populations.

Bonner is a geriatric nurse practitioner bringing over 25 years of extensive experience in caring for older adults. Bonner’s focus lies in empowering and supporting older adults to age in their communities, creating and improving age-friendly health systems, promoting dementia-friendly [communities](#), and working to prevent elder abuse and mistreatment, and advocating to end elder homelessness.

Bonner previously held the title of secretary of the Executive Office of Elderly Affairs for the Commonwealth of Massachusetts. Her research interests include quality and safety in nursing centers, falls prevention, improving dementia care and reducing unnecessary antipsychotic medication use, and reducing avoidable hospitalizations.

### **Ways to listen:**



### **Here are the topics covered in this episode**

What it means to safely “age in community” - **4:10**

The Johns Hopkins School of Nursing [CAPABLE](#) Program - **7:10**

How to address social determinants of health for minority populations - **14:20**

Why health plans should focus on those with disabilities - **18:00**

The future of the CAPABLE program - **19:30**

SOAP Notes with Dr. Jay LaBine (Season 2, Episode 1) featuring Alice Bonner, PhD, RN, FAAN, Adjunct Faculty at the [Johns Hopkins University School of Nursing](#), and Senior Advisor for Aging at the [Institute for Healthcare Improvement](#)