



## **naviHealth names Harrison Frist Chief Executive Officer**

*Veteran leader to spearhead post-acute care management and care transition company's ongoing growth*

NASHVILLE, Tenn., January 11, 2022 – [naviHealth](#), a leader in post-acute care management and care transitions for health plan, health system, and provider partners, announced today that Harrison Frist has been named the company's chief executive officer (CEO). He previously served as its chief operating officer (COO).

"naviHealth has a rich history built around a dedication to patient-centered care, and I am honored to have been with the company since its earliest days," said Frist. "I look forward to collaborating with our team and our colleagues at Optum as we enter a new phase of care delivery, explore new growth opportunities and seek new ways to achieve our mission of helping seniors live more fulfilling lives."

Frist succeeds naviHealth's founding CEO Clay Richards, who announced in mid-2021 that, at the end of the year, he would be stepping down from his role at naviHealth and is now serving in a senior advisory role at Optum, which acquired naviHealth in 2020.

"It has been an honor to lead naviHealth for more than a decade, and I am pleased with all that we have achieved to advance patient-centered care," said Richards. "Harrison has been an integral part of naviHealth since its founding, and his experience and exceptional leadership have been instrumental in the company's growth and success. I am confident that he will successfully lead naviHealth and our partners through the evolving healthcare landscape, working to expand seniors' access to vital care and services that improve their lives."

In his new role, Frist will lead naviHealth and oversee Optum's Care Transitions business, which includes post-acute care, readmission and home health management services.

Since joining naviHealth in 2012, Frist has held several positions, most recently serving as naviHealth's COO.

Prior to naviHealth, Frist was an investment professional for The Carlyle Group and Goldman Sachs & Co. He also spent time working for Chinaco Healthcare Corporation, an international hospital operator.

Frist lives in Nashville with his wife and three children. He currently serves as co-chair of the board of the Martha O'Bryan Center, an organization that empowers children, youth, and adults in poverty to transform their lives and sits on the board of The Hermitage, the historic home of President Andrew Jackson. Frist earned an MBA from Harvard Business School and an A.B. in History from Princeton University.

## **About naviHealth**

naviHealth is improving the healthcare experience for seniors to live more fulfilling lives. For more than a decade, naviHealth has been a trusted partner for the nation's top health plans, health systems, and at-risk physician groups navigating the shift from volume to value. Powered by a predictive technology and decision support platform that provides clinicians and care teams with evidence-based protocols, naviHealth's smart-touch, proven care model fully supports patients from pre-acute to the home. With naviHealth, patients can enjoy more days at home, and healthcare providers and health plans can significantly reduce costs specific to unnecessary care and readmissions. For more information about naviHealth, visit [naviHealth.com](https://naviHealth.com).

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