

FOR IMMEDIATE RELEASE

naviHealth Partners with MVP Health Care to Manage Post-Acute Care

NASHVILLE, Tenn. & SCHENECTADY, N.Y.—August 8, 2017— [naviHealth](#), a Cardinal Health company, will now manage the full continuum of post-acute care (PAC) for approximately 60,000 members enrolled in the [MVP Health Care](#) Medicare Advantage program. This new partnership aims to improve health outcomes and patient satisfaction for MVP Health Care members while eliminating unnecessary medical expenses.

Nationally, about [40 percent of Medicare patients](#) discharged from a hospital are referred for post-acute care, a category that includes home health, skilled nursing facilities, inpatient rehabilitation, and long-term acute care. Of those patients, about [20 percent are readmitted to the hospital within 30 days](#), often an indicator of ineffective and uncoordinated care post-discharge.

“When patients leave the hospital, we do everything we can to make sure they don’t need to come back,” said Clay Richards, CEO at naviHealth. “Our partnership with MVP Health Care ensures patients will get the right care in the right setting, whether they go home with nursing care or are discharged to a skilled nursing facility.”

naviHealth helps patients get healthier and go home faster with a team of highly skilled, in-market clinicians who work with nurses, doctors, and other caregivers to facilitate better care. The team is backed by the industry’s largest database of post-acute outcomes. Cutting-edge analytics and algorithms help these clinicians to identify outstanding PAC facilities and treatment specialties at which a facility excels. naviHealth uses this data to make sure each patient gets the best treatment.

“Having worked with naviHealth previously, I knew I wanted the company on my team when I moved to MVP,” said MVP Health Care Chief Medical Officer, Dr. Elizabeth Malko. “It’s a high-touch, high-tech model that puts the patient at the center of every decision, and fits perfectly into our holistic approach to care.”

“MVP Health Care is a forward-thinking health plan that offers innovative solutions to ensure its members receive the best care possible,” said Richards. “To have Dr. Malko, a previous client, seek us out in her new role at MVP Health Care is the highest endorsement from a health plan that already knows the importance of value-based care.”

About naviHealth

naviHealth, a Cardinal Health company, has been managing post-acute care and care transitions on behalf of health plans and health systems for nearly two decades. Serving both the payer and provider marketplaces, naviHealth provides clinical support services, data-driven technology, and advisory solutions that enable payers and providers to better navigate care transitions, improve quality and patient experiences, and reduce costs across the continuum. For more information, visit www.navihealth.com or follow on Twitter [@naviHealthPAC](https://twitter.com/naviHealthPAC).

About MVP Health Care

MVP Health Care is a nationally recognized, community-focused, not-for-profit health insurer serving more than 700,000 members in New York and Vermont. Committed to the complete well-being of its

members, MVP provides the tools and information they need to achieve better health and peace of mind. For more information, visit www.mvphealthcare.com, or on Facebook at www.facebook.com/mvphealthcare, and on Twitter at [@MVPHealthCare](https://twitter.com/MVPHealthCare).